



50 Meter Race

Event Overview

EQUIPMENT NEEDED



Designated Start/Finish Line

(You can use cones, a chair, or any large, stationary object that will not move)



Measuring Tape

If you do not have measuring tape, take big steps.



Stopwatch



Your Feet!

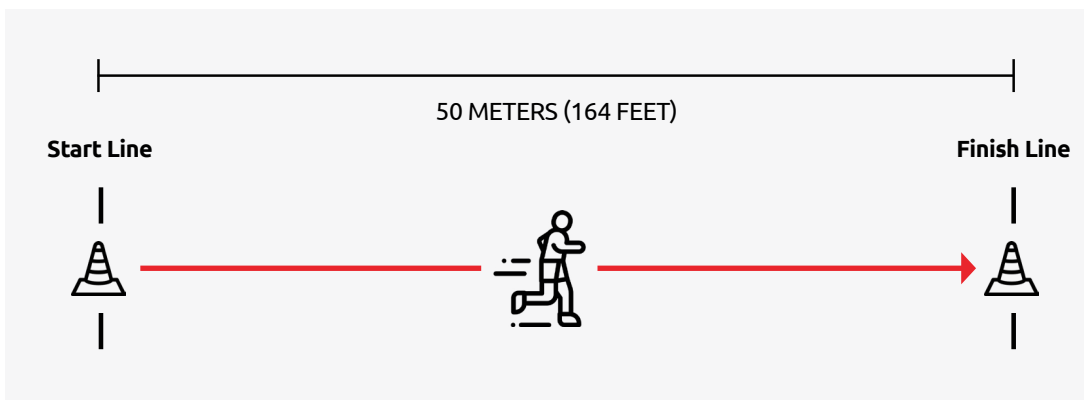
1 Big Step = 1 Meter

RULES

- 1 Create a designated start/finish line
- 2 Measure out 50 Meters (164 Feet)
- 3 Time how long it takes the team to complete
- 4 Record Time and add to your scorecard

How fast can you complete 50 Meters?

SETUP



Remember to take a picture or video of yourself competing in this event! Celebrate with other athletes online using the official hashtag:

#sowavirtualgames

