

EQUIPMENT NEEDED



Golf Club and Golf Ball

Putting Green with Marked

If you do not have a golf club, you can use a baseball bat, field hockey stick



Measuring Tape If you do not have measuring tape, take big steps.

Your Feet! 1 Big Step = 1 Meter, 3 Feet

Target Flag and Hole If you cannot get to a golf course, create the set up on a flat grassy surface

RULES



2

Select the target hole with 2 circles placed around it (one at 0.5M [1 ft] and the second one at 1.5M [5 ft])

marked spot 8M (26 ft) away from the hole



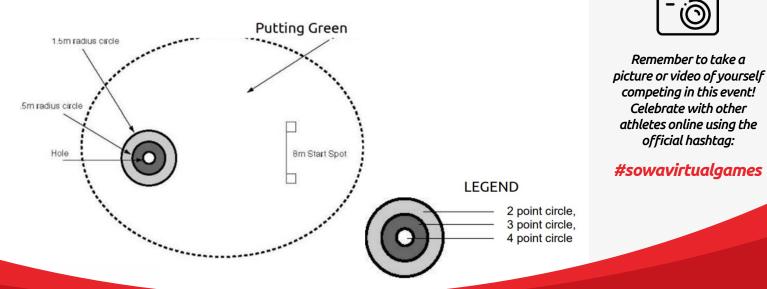
Refer to golf diagram for scoring



Add all 5 attempts for total score

How many putts can you make from eight meters away?

Athlete will have 5 attempts from a





Golf Event Overview 2020 Virtual Summer Games Special Olympics Washington

