## **EQUIPMENT NEEDED**



## Soccer Ball

If you do not have a soccer ball, you can use another round object that you can kick, like a beach ball/volleyball/kickball

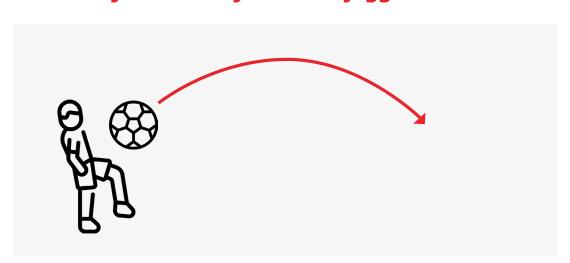


## RULES

- Team of 5
  Unified (3 athletes/2 partners)
- Juggle as many times as you can until the soccer ball hits the ground
- You can have 10 consecutive turns of juggling and record your highest score

- 4 No hands, Can use knees and feet
- 5 Record your score individually
- 6 Add up your team's score
- 7 Send in the final team score

## How many times can your team juggle a soccer ball?





Remember to take a picture or video of yourself competing in this event!
Celebrate with other athletes online using the official hashtag:

#sowavirtualgames



