Fielding *Event Overview*

EQUIPMENT NEEDED

Designated Bases
(You can use cones, a chair, or any large, stationary object that will not move)

Softball and Glove
If you do not have a softball, use another object (whiffle ball, baseball, etc.)

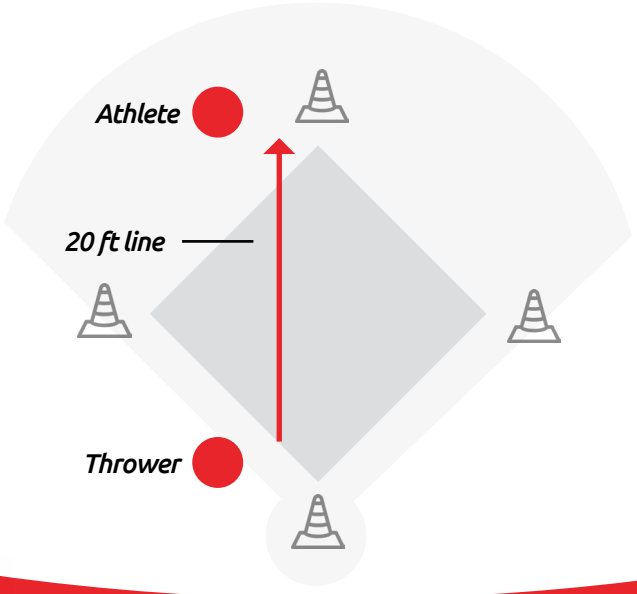
Measuring Tape
If you do not have measuring tape, take big steps.

Your Feet!
1 Big Step = 1 Meter, 3 Feet

RULES

1. Mark a 10ft area with 2 cones for the athlete to stand behind.
2. Mark a line 20ft away from the athlete towards the thrower.
3. The thrower will stand at least 50ft away from the athlete and throw the ball to the athlete. The ball must bounce before the 20ft line.
4. The athlete may move toward the ball once thrown
5. If the ball is thrown outside the cones, the throw must be redone.
6. 10 consecutive attempts

How many fielded softballs can you catch?



Remember to take a picture or video of yourself competing in this event! Celebrate with other athletes online using the official hashtag:

#sowavirtualgames